

Amsterdam Swim Cup 2009

16, 17, 18 & 19 April
Sloterparkbad

The National Swimming Institute of Amsterdam (E.ON-NZA) invites you to participate in the sixth edition of the Amsterdam Swim Cup. This spectacular 4 day event in the Sloterparkbad of Amsterdam is supported by the Dutch Swimming Federation (KNZB) and is mentioned in the LEN Calendar 2009.

The Amsterdam Swim Cup is the Qualifying Tournament for the World Championships in Rome 2009 and European Youth Championships in Prague 2009 for all Dutch swimmers. So the best swimmers of Holland will compete in the Amsterdam Swim Cup 2009 along with competitors from other countries.

- ⇒ All starts are in open categories men and women
- ⇒ The competition pool is 50 metres and 8 lanes, a separate warm up pool is available
- ⇒ Timing will be electronically
- ⇒ All events on are the competition schedule (50 – 1500 metres)
- ⇒ The finals are short and spectacular
- ⇒ The pool is close to Schiphol Airport and to the city centre of Amsterdam
- ⇒ The price money will be announced in January 2009

We would like to invite you to compete in the Amsterdam Swim Cup 2009. The beautiful pool, the strong competition (Dutch and international) and the visit to Amsterdam will make the Amsterdam Swim Cup an event you don't want to miss!

Check our website for the latest news about the Amsterdam Swim Cup 2009:

<http://www.amsterdamswimcup.nl>



partners:



sponsors:



Conditions of participation

1. Participation is possible in the open categories men and women.
2. The heats will take 2 ½ hours at maximum. If more swimmers are entered, only the fastest will be accepted. Swimmers with an entry time swum in a long course pool will have priority.
3. The seeding in the heats will be based on the FINA rules, with the fastest swimmers in the last 3 heats. In the 100 metres events and the 200 metres freestyle, the fastest 8 youth swimmers will compete in the last heat.
4. The 400 IM, 400 freestyle, 800 freestyle and 1500 freestyle will be swum as Timed Finals (Heat Declared Winners). The fastest heats of those events will be swum in the afternoon session during the finals, the other heats in the morning session.
5. The 8 fastest swimmers reach the final. Withdrawal for the finals can only be done in writing, up to 30 minutes after the announcement of the results. For each final two reserve swimmers will be listed in the final schedule.
6. There are A and B finals in the 100 freestyle and 200 freestyle, for which the fastest 16 swimmers will qualify. The organisation might add more B finals, further details will be posted on the website of the meet.
7. The One Start Rule will apply.
8. The pool is 50m long, 8 lanes, with anti wave lane ropes and electronic timing.
9. There is a separate warm-up/swim-down pool available during the meet.
10. The competition will be held under FINA Law & technical rules.
11. The organizers reserve the right to limit entries.

Address of the Sloterparkbad:
President Allendelaan 3, 1064 GW, AMSTERDAM, The Netherlands



partners:



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Meet schedule

Heats Thursday 16 April 2009

Warm-up: 7:30 - 8:50 am.

Start: 9:00 am

1	200 metres freestyle	Women	Heats
2	50 metres butterfly	Men	Heats
3	50 metres breaststroke	Women	Heats
4	200 metres breaststroke	Men	Heats
5	50 metres backstroke	Women	Heats
6	200 metres backstroke	Men	Heats
7	400 metres IM	Men	Slowest heats
8	1500 metres freestyle	Women	Slowest heats
9	5000 metres freestyle		Dutch Championship

Finals Thursday 16 April 2009

Warm-up: 3:45 - 4:50 pm

Start: 5:00 pm

200 metres freestyle	Women	Final
50 metres butterfly	Men	Final
50 metres breaststroke	Women	Final
200 metres breaststroke	Men	Final
1500 metres freestyle	Women	Fastest heat
400 metres IM	Men	Fastest heat
50 metres backstroke	Women	Final
200 metres backstroke	Men	Final



partners:



sponsors:



Heats Friday 17 April 2009

Warm-up: 7:30 - 8:50 am.

Start: 9:00 am

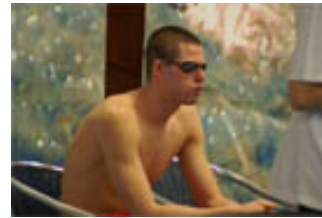
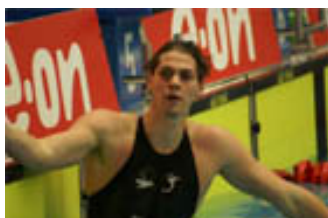
10	200 metres freestyle	Men	Heats
11	100 metres backstroke	Women	Heats
12	100 metres butterfly	Men	Heats
13	100 metres breaststroke	Women	Heats
14	200 metres IM	Men	Heats
15	100 metres butterfly	Women	Heats
16	400 metres IM	Women	Slowest heats
17	800 metres freestyle	Men	Slowest heats

Finals Friday 17 April 2009

Warm-up: 3:45 - 4:50 pm

Start: 5:00 pm

200 metres freestyle	Men	Final
100 metres backstroke	Women	Final
100 metres butterfly	Men	Final
400 metres IM	Women	Fastest heat
800 metres freestyle	Men	Fastest heat
100 metres breaststroke	Women	Final
200 metres IM	Men	Final
100 metres butterfly	Women	Final



Heats Saturday 18 April 2009

Warm-up: 7:30 - 8:50 am.

Start: 9:00 am

18	50 metres freestyle	Men	Heats
19	200 metres butterfly	Women	Heats
20	200 metres butterfly	Men	Heats
21	50 metres backstroke	Men	Heats
22	200 metres IM	Women	Heats
23	50 metres breaststroke	Men	Heats
24	100 metres freestyle	Women	Heats
25	400 metres freestyle	Men	Slowest heats
26	800 metres freestyle	Women	Slowest heats

Finals Saturday 18 April 2009

Warm-up: 3:45 - 4:50 pm

Start: 5:00 pm

50 metres freestyle	Men	Final
200 metres butterfly	Women	Final
200 metres butterfly	Men	Final
800 metres freestyle	Women	Fastest heat
50 metres backstroke	Men	Final
200 metres IM	Women	Final
400 metres freestyle	Men	Fastest heat
50 metres breaststroke	Men	Final
100 metres freestyle	Women	Final



Heats Sunday 19 April 2009

Warm-up: 7:30 - 8:50 am.

Start: 9:00 am

27	50 metres butterfly	Women	Heats
28	100 metres backstroke	Men	Heats
29	200 metres backstroke	Women	Heats
30	100 metres breaststroke	Men	Heats
31	200 metres breaststroke	Women	Heats
32	100 metres freestyle	Men	Heats
33	50 metres freestyle	Women	Heats
34	400 metres freestyle	Women	Slowest heats
35	1500 metres freestyle	Men	Slowest heats

Finals Sunday 19 April 2009

Warm-up: 3:45 - 4:50 pm

Start: 5:00 pm

50 metres butterfly	Women	Final
100 metres backstroke	Men	Final
200 metres backstroke	Women	Final
1500 metres freestyle	Men	Fastest heat
200 metres breaststroke	Women	Final
100 metres breaststroke	Men	Final
400 metres freestyle	Women	Fastest heat
100 metres freestyle	Men	Final
50 metres freestyle	Women	Final



Entry information

Signing up

Entries can be sent to the Meet Secretary at: inschrijven@amsterdamswimcup.nl on or before the specified closing date of Wednesday 1 April 2009, and be fully and correctly completed, or else may be rejected. You will receive a confirmation of your registration. The Splash/Lenex files can be downloaded from our website. If you do not have Splash Team Manager, you can download the Splash Entry Editor from our web site.

Entry times and seeding

Entry times must have been achieved after 1 January 2008. It is required that entry times can be verified. Entry times can be swum in both short course and long course pools. Swimmers with an entry time swum in a long course pool will have priority in the seeding.

The seeding in the heats will be based on the FINA rules, with the fastest swimmers in the last 3 heats. In the 100 metres events and the 200 metres freestyle, the fastest 8 youth swimmers will compete in the last heat.

Entry fees

The entrance fee is €5,- per event. Entry fees have to be paid in advance by bank on or before the specified closing date of Wednesday 1 April 2009. Please transfer the proper amount to the ING Bank account of Stichting Nationaal Zweminstituut Amsterdam, contact the organisation for the details. The entry is complete when both the entry times and the entry fees are received. Clubs will receive a receipt upon payment at the door, as well as one programme for each 10 participants.

Start lists

Start lists will be posted on the website on 6 April 2009. Withdrawals or changes to entries can be made until 13 April 2009 - 8 pm. After 13 April 2008 - 8 pm all entry fees will be due. The final start lists will be placed on our website on 14 April 2008.

Results

The results of the meet will be published on our website. Results will not be handed out on paper, unless specifically requested.



Further information

- Cars can be parked at the parking place of the former Sloterparkbad. The parking at the pool is not accessible freely.
- See our web site (www.amsterdamswimcup.nl) for a special arrangement with the Accor – IBIS City West Hotel. We have a shuttle bus from this hotel to the pool. We recommend early arranging of a hotel, since April is a busy month in Amsterdam.
- We are happy to assist our international guests in every way we can, contact us by email (info@amsterdamswimcup.nl) if you have any questions.



partners:



sponsors:



Pool Records Sloterparkbad

Men

50 m. freestyle	Johan Kenkhuis	Netherlands	0.22.14	2003
100 m. freestyle	Pieter vd Hoogenband	Netherlands	0.49.07	2004
200 m. freestyle	Pieter vd Hoogenband	Netherlands	1.46.55	2004
400 m. freestyle	Pawel Korzeniowski	Poland	3.50.42	2004
800 m. freestyle	Marco Rivera	Spain	8.04.61	2006
1500 m. freestyle	Panagiotis Glykos	Greece	15.37.18	2006
50 m. butterfly	Mark Foster	Great Britain	0.23.96	2003
100 m. butterfly	Joris Keizer	Netherlands	0.53.16	2003
200 m. butterfly	Pawel Korzeniowski	Poland	1.56.89	2004
50 m. backstroke	Nick Dribergen	Netherlands	0.25.94	2006
100 m. backstroke	Nick Dribergen	Netherlands	0.54.80	2007
200 m. backstroke	Nick Dribergen	Netherlands	1.59.26	2007
50 m. breaststroke	Lennart Stekelenburg	Netherlands	0.28.46	2005
100 m. breaststroke	Thijs van Valkengoed	Netherlands	1.01.80	2003
200 m. breaststroke	Thijs van Valkengoed	Netherlands	2.13.43	2003
200 m. IM	Robin van Aggele	Netherlands	2.01.35	2007
400 m. IM	Ioannis Drymonakos	Greece	4.18.18	2005

Women

50 m. freestyle	Inge de Bruijn	Netherlands	0.24.80	2003
100 m. freestyle	Inge de Bruijn	Netherlands	0.54.09	2004
200 m. freestyle	Inge Dekker	Netherlands	1.59.43	2007
400 m. freestyle	Otylia Jedrzejczak	Poland	4.14.59	2004
800 m. freestyle	Arantxa Ramos	Spain	8.47.46	2006
1500 m. freestyle	Edith van Dijk	Netherlands	16.59.26	2003
50 m. butterfly	Inge de Bruijn	Netherlands	0.25.89	2003
100 m. butterfly	Inge Dekker	Netherlands	0.57.99	2007
200 m. butterfly	Otylia Jedrzejczak	Poland	2.10.68	2004
50 m. backstroke	Hinkelien Schreuder	Netherlands	0.28.94	2005
100 m. backstroke	Hinkelien Schreuder	Netherlands	1.02.95	2005
200 m. backstroke	Rieneke Schinkel	Netherlands	2.15.82	2005
50 m. breaststroke	Zoe Baker	Great Britain	0.31.54	2003
100 m. breaststroke	Moniek Nijhuis	Netherlands	1.10.03	2007
200 m. breaststroke	Madelon Baans	Netherlands	2.34.94	2004
200 m. IM	Hinkelien Schreuder	Netherlands	2.17.11	2006
400 m. IM	Aleksandra Urbanczyk	Poland	4.50.91	2004