

Event 132  
27.03.2010 - 11:56

400m Freestyle  
Paralympic

Senioren open  
Results

rank	name	club name	entry time	class	time	RT	pts	
1.	Mike van der Zanden	KNZB Paralympisch	4:18.22	87mza	S10	<b>4:34.06</b>	+0,82 707	
	50m: 29.90	29.90	150m: 1:38.53	35.07	250m: 2:50.35	36.26	350m: 4:01.11	34.41
	100m: 1:03.46	33.56	200m: 2:14.09	35.56	300m: 3:26.70	36.35	400m: 4:34.06	32.95
2.	Thijs van den End	KNZB Paralympisch	4:58.89	93ten	S9	<b>5:04.00</b>	+1,07 604	
	50m: 31.47	31.47	150m: 1:44.10	37.32	250m: 3:02.61	39.80	350m: 4:24.40	41.27
	100m: 1:06.78	35.31	200m: 2:22.81	38.71	300m: 3:43.13	40.52	400m: 5:04.00	39.60
3.	Michel Tielbeke	KNZB Paralympisch	4:53.94	81mti	S13	<b>5:04.17</b>	+0,87 518	
	50m: 32.04	32.04	150m: 1:49.52	39.18	250m: 3:07.67	39.22	350m: 4:26.73	39.36
	100m: 1:10.34	38.30	200m: 2:28.45	38.93	300m: 3:47.37	39.70	400m: 5:04.17	37.44
4.	Simon Boer	KNZB Paralympisch	5:43.95	95sbo	S9	<b>5:19.86</b>	+0,86 519	
	50m: 35.69	35.69	150m: 1:56.05	40.83	250m: 3:18.73	41.38	350m: 4:40.93	40.96
	100m: 1:15.22	39.53	200m: 2:37.35	41.30	300m: 3:59.97	41.24	400m: 5:19.86	38.93
5.	Rob Noordzij	KNZB Paralympisch	5:52.20	58rno	S9	<b>5:46.23</b>	+0,99 409	
	50m: 36.56	36.56	150m: 2:02.91	45.46	250m: 3:35.27	46.34	350m: 5:06.15	45.46
	100m: 1:17.45	40.89	200m: 2:48.93	46.02	300m: 4:20.69	45.42	400m: 5:46.23	40.08
6.	Briit van Diessen	KNZB Paralympisch	5:56.48	8900900	S10	<b>5:47.39</b>	+1,05 435	
	50m: 38.87	38.87	150m: 2:07.38	44.63	250m: 3:37.27	45.60	350m: 5:05.32	44.26
	100m: 1:22.75	43.88	200m: 2:51.67	44.29	300m: 4:21.06	43.79	400m: 5:47.39	42.07
7.	Lisa den Braber 200m*	KNZB Paralympisch	5:49.33	92lbr	S8	<b>5:56.85</b>	+0,68 523	
	50m: 39.35	39.35	150m: 2:06.87	44.04	250m: 3:39.00	45.88	350m: 5:11.36	45.97
	100m: 1:22.83	43.48	200m: 2:53.12	46.25	300m: 4:25.39	46.39	400m: 5:56.85	45.49
8.	Joren den Boer	KNZB Paralympisch	5:46.92	9601463	S10	<b>5:59.60</b>	+0,85 313	
	50m: 38.54	38.54	150m: 2:09.57	46.89	250m: 3:43.36	47.14	350m: 5:16.45	46.37
	100m: 1:22.68	44.14	200m: 2:56.22	46.65	300m: 4:30.08	46.72	400m: 5:59.60	43.15