

| Event 22                   | Women, 200m Medley        |                       |                   | Senioren Open    |
|----------------------------|---------------------------|-----------------------|-------------------|------------------|
| 18-04-2009 - 9:55          | Richttijd WK Rome 2.12.94 | EJK Praag 2.20.69     |                   | Startlist Prelim |
| World Record               | 2:08.45                   | Stephanie Rice        | Beijing (CHN)     | 13-08-2008       |
| European Record            | 2:09.59                   | Hannah Miley          | Sheffield (GBR)   | 17-03-2009       |
| Nederlands Record Senioren | 2:15.52                   | Femke Heemskerk       | Eindhoven         | 05-06-2008       |
| Nederlands Record Jeugd    | 2:17.23                   | Sharon van Rouwendaal | St. Raphael (FRA) | 01-03-2009       |
| Nederlands Record Junioren | 2:23.71                   | Mariska van Harn      | Leeds (GBR)       | 15-08-1992       |
| Sloterparkbad Record       | 2:17.11                   | Hinkelien Schreuder   | NED Amsterdam     | 14-04-2006       |

| Name                  | Club Name            | Entry time |         |  |  |
|-----------------------|----------------------|------------|---------|--|--|
| <u>Heat 1 of 7</u>    |                      |            |         |  |  |
| 1 Karin Groen         | GZVW                 | 2:39.72 S  | 9502440 |  |  |
| 2 Cynthia de Galan    | Kon. AZ 1870         | 2:52.82 L  | 9203416 |  |  |
| 3 Jasmijn Ruijgrok    | LZ 1886              | 2:50.57 L  | 9401032 |  |  |
| 4 Marit Visscher      | DAW-FINENZO          | 2:48.65 L  | 9600004 |  |  |
| 5 Mirl de Boer        | DAW-FINENZO          | 2:49.98 L  | 9700468 |  |  |
| 6 Beau Rijpers        | ZPC Bikkel Hooogveen | 2:51.99 L  | 9402638 |  |  |
| 7 Davina van Perge    | DAW-FINENZO          | 2:55.97 L  | 9503786 |  |  |
| <u>Heat 2 of 7</u>    |                      |            |         |  |  |
| 1 Chantal Grove       | Oceanus              | 2:47.53 L  | 9401844 |  |  |
| 2 Amber Ruig          | Zaanstad (SG)        | 2:46.05 L  | 9603240 |  |  |
| 3 Simone Soudant      | Eiffel Swimmers PSV  | 2:44.28 L  | 9500430 |  |  |
| 4 Nathalie Pragt      | Nova                 | 2:42.80 L  | 9500030 |  |  |
| 5 Kimberly Mijnen     | Zaanstad (SG)        | 2:43.60 L  | 9503644 |  |  |
| 6 Roos Brugman        | ZV Westland Dijkglas | 2:44.49 L  | 9500724 |  |  |
| 7 Sanne Bommer        | Zaanstad (SG)        | 2:47.01 L  | 9501132 |  |  |
| 8 Danielle de Boer    | HZ&PC Heerenveen     | 2:48.39 L  | 9404736 |  |  |
| <u>Heat 3 of 7</u>    |                      |            |         |  |  |
| 1 Jakonien Koster     | ZPC Bikkel Hooogveen | 2:41.23 L  | 9400068 |  |  |
| 2 Jara Schmidt        | De Columbiaan        | 2:39.42 L  | 9405062 |  |  |
| 3 Sharona Mlcoch      | DAW-FINENZO          | 2:39.02 L  | 9406178 |  |  |
| 4 Pascalie Spiekerman | WZ&PC Purmerend      | 2:37.64 L  | 9403030 |  |  |
| 5 Nina Ferreira       | ZC Ooievaar (SG)     | 2:38.23 L  | 8901196 |  |  |
| 6 Rixt Veldkamp       | GZVW                 | 2:39.23 L  | 9404344 |  |  |
| 7 Janine Rooker       | WZ&PC Purmerend      | 2:41.19 L  | 9600316 |  |  |
| 8 Maartje de Wit      | ZV Westland Dijkglas | 2:42.63 L  | 9502362 |  |  |
| <u>Heat 4 of 7</u>    |                      |            |         |  |  |
| 1 Rosanne de Boer     | LZ 1886              | 2:37.38 L  | 9104060 |  |  |
| 2 Kimberley van Wijk  | Van Uden-De Gouwe    | 2:35.86 L  | 9402040 |  |  |
| 3 Géke Heinsbroek     | WVZ                  | 2:35.02 L  | 9300312 |  |  |
| 4 Inge Pepping        | De Rijn              | 2:33.51 L  | 9402308 |  |  |
| 5 Rosa Veerman        | WZ&PC Purmerend      | 2:33.54 L  | 9600862 |  |  |
| 6 Maaïke de Waard     | De Zeehond '73       | 2:35.13 L  | 9600604 |  |  |
| 7 Iris van Zuilen     | Olympia              | 2:36.77 L  | 9400216 |  |  |
| 8 Yvonne Verbeek      | WZ&PC Purmerend      | 2:37.60 L  | 9402788 |  |  |
| <u>Heat 5 of 7</u>    |                      |            |         |  |  |
| 1 Lis Kop Jansen      | Van Uden-De Gouwe    | 2:32.23 L  | 9101740 |  |  |
| 2 Britt Bakker        | De Dolfijn           | 2:30.97 L  | 9100094 |  |  |
| 3 Wendan Poelstra     | Orca                 | 2:26.77 L  | 9102496 |  |  |
| 4 Lona Kroese         | E.ON-NZA             | 2:17.68 L  | 8702382 |  |  |
| 5 Miranda Nijenhuis   | E.ON-NZA             | 2:24.72 L  | 9204076 |  |  |
| 6 Kelly ter Doest     | De Whee              | 2:29.24 L  | 9100750 |  |  |
| 7 Angelique Oertel    | Eiffel Swimmers PSV  | 2:31.52 L  | 9307612 |  |  |
| 8 Kristel Doreleijers | Eiffel Swimmers PSV  | 2:33.36 L  | 9302568 |  |  |

Event 22, Women, 200m Medley, Prelim

Heat 6 of 7

|   |                       |                      |         |   |                  |       |
|---|-----------------------|----------------------|---------|---|------------------|-------|
| 1 | Michelle Verouden     | Eiffel Swimmers PSV  | 2:31.75 | L | 9400150          | _____ |
| 2 | Anouk Elzerman        | De Dolfijn           | 2:30.79 | L | 9005914          | _____ |
| 3 | Marloes Oldenburg     | Orca                 | 2:25.25 | L | 8803218          | _____ |
| 4 | Sharon van Rouwendaal | CN Braud St-Louis    | 2:17.23 | L | 020339328.640990 | _____ |
| 5 | Caroline Ruhnau       | SG Essen             | 2:23.94 | L | 088444           | _____ |
| 6 | Ilse van Hoorn        | Zwemlust/Utrecht(SG) | 2:29.12 | L | 9001578          | _____ |
| 7 | Mariëlle ter Stege    | ZPC Bikkel Hoogeveen | 2:31.18 | L | 9102974          | _____ |
| 8 | Yvette de Gier        | De Columbiaan        | 2:32.86 | L | 9402124          | _____ |

Heat 7 of 7

|   |                       |                     |         |   |         |       |
|---|-----------------------|---------------------|---------|---|---------|-------|
| 1 | Sylvia Dik            | TriVia              | 2:31.58 | L | 9501064 | _____ |
| 2 | Lotte Greven          | ZC Valkenburg       | 2:30.47 | L | 8705620 | _____ |
| 3 | Marjolein Delno       | De Rijn             | 2:25.12 | L | 9400024 | _____ |
| 4 | Ida Sandin            | Sweden              | 2:16.30 | L | AA8685  | _____ |
| 5 | Joëlle Scheps         | Van Uden-De Gouwe   | 2:23.36 | L | 9202364 | _____ |
| 6 | Malissa van de Heuvel | Eiffel Swimmers PSV | 2:27.01 | L | 9304922 | _____ |
| 7 | Mirthe Lanfermeijer   | TriVia              | 2:31.05 | L | 9400074 | _____ |
| 8 | Gea Hagting           | Nova                | 2:32.35 | L | 8801584 | _____ |