

Event 2
11-03-2011 - 9:20

Women, 400m Freestyle
Richttijd WK 2011 Shanghai: 4.09.35

Senioren Open
Results Prelim

Points: FINA 2011

rank	name		club name		time		RT	fin.	pts			
1.	Cecilie Johannessen		Bergens SC		90johan		4:20.37	+0,80	A 774			
	50m:	29.46	29.46	150m:	1:34.36	32.86	250m:	2:40.78	33.12	350m:	3:47.68	33.26
	100m:	1:01.50	32.04	200m:	2:07.66	33.30	300m:	3:14.42	33.64	400m:	4:20.37	32.69
2.	Esmee Vermeulen		E.ON-NZA		9600678		4:24.72	+0,80	A 737			
	50m:	30.02	30.02	150m:	1:37.44	34.09	250m:	2:44.88	33.97	350m:	3:52.93	33.64
	100m:	1:03.35	33.33	200m:	2:10.91	33.47	300m:	3:19.29	34.41	400m:	4:24.72	31.79
3.	Judith Stap		EIFFELswimmersPSV		9302702		4:24.77	+0,74	A 736			
	50m:	30.25	30.25	150m:	1:37.63	34.26	250m:	2:45.16	33.90	350m:	3:52.48	33.24
	100m:	1:03.37	33.12	200m:	2:11.26	33.63	300m:	3:19.24	34.08	400m:	4:24.77	32.29
4.	Rieneke Terink		AZ&PC		8402424		4:27.10	+0,92	A 717			
	50m:	29.78	29.78	150m:	1:37.12	33.96	250m:	2:45.34	33.95	350m:	3:53.83	34.03
	100m:	1:03.16	33.38	200m:	2:11.39	34.27	300m:	3:19.80	34.46	400m:	4:27.10	33.27
5.	Verena Klocker		SC Stadtoasen Innsbruck		85klock		4:29.61	+0,77	A 697			
	50m:	29.20	29.20	150m:	1:35.63	33.97	250m:	2:44.10	34.28	350m:	3:54.54	35.32
	100m:	1:01.66	32.46	200m:	2:09.82	34.19	300m:	3:19.22	35.12	400m:	4:29.61	35.07
6.	Andrea Kneppers		EIFFELswimmersPSV		9302216		4:30.82	+0,82	A 688			
	50m:	30.76	30.76	150m:	1:39.57	34.50	250m:	2:48.48	34.24	350m:	3:57.40	34.59
	100m:	1:05.07	34.31	200m:	2:14.24	34.67	300m:	3:22.81	34.33	400m:	4:30.82	33.42
7.	Marine Bacchetta		ES Massy Natation		91bacch		4:32.14	+0,81	A 678			
	50m:	30.46	30.46	150m:	1:38.67	34.58	250m:	2:49.64	35.15	350m:	3:59.54	34.66
	100m:	1:04.09	33.63	200m:	2:14.49	35.82	300m:	3:24.88	35.24	400m:	4:32.14	32.60
8.	Rosa Veerman		E.ON-NZA		9600862		4:32.28	+0,82	A 677			
	50m:	29.59	29.59	150m:	1:37.21	34.41	250m:	2:47.91	35.48	350m:	3:59.29	35.61
	100m:	1:02.80	33.21	200m:	2:12.43	35.22	300m:	3:23.68	35.77	400m:	4:32.28	32.99
9.	Leonie van Noort		De Zijl/LGB		9301752		4:32.67	+0,79	R 674			
	50m:	30.80	30.80	150m:	1:40.28	35.10	250m:	2:50.29	34.83	350m:	3:59.00	34.03
	100m:	1:05.18	34.38	200m:	2:15.46	35.18	300m:	3:24.97	34.68	400m:	4:32.67	33.67
10.	Pauline van Dam		EIFFELswimmersPSV		9304422		4:33.71	+0,85	R 667			
	50m:	31.30	31.30	150m:	1:40.05	34.94	250m:	2:49.92	35.16	350m:	4:00.02	35.31
	100m:	1:05.11	33.81	200m:	2:14.76	34.71	300m:	3:24.71	34.79	400m:	4:33.71	33.69
11.	Annemarie Worst		Orca		9500042		4:37.10	+0,86	642			
	50m:	31.12	31.12	150m:	1:41.19	35.56	250m:	2:51.65	35.41	350m:	4:02.89	35.62
	100m:	1:05.63	34.51	200m:	2:16.24	35.05	300m:	3:27.27	35.62	400m:	4:37.10	34.21
12.	Silke Oude Weernink		De Dolfijn		9002854		4:39.41	+0,97	627			
	50m:	31.57	31.57	150m:	1:41.11	35.06	250m:	2:52.00	35.26	350m:	4:04.29	36.13
	100m:	1:06.05	34.48	200m:	2:16.74	35.63	300m:	3:28.16	36.16	400m:	4:39.41	35.12
13.	Sofia Lindholm		Moelndals ASS		93lindh		4:40.04	+0,89	622			
	50m:	31.41	31.41	150m:	1:41.46	35.37	250m:	2:52.77	35.83	350m:	4:04.81	36.07
	100m:	1:06.09	34.68	200m:	2:16.94	35.48	300m:	3:28.74	35.97	400m:	4:40.04	35.23
14.	Amy de Langen		De Fuut		9702046		4:40.98	+0,70	616			
	50m:	31.14	31.14	150m:	1:42.52	36.38	250m:	2:54.97	36.01	350m:	4:07.78	36.06
	100m:	1:06.14	35.00	200m:	2:18.96	36.44	300m:	3:31.72	36.75	400m:	4:40.98	33.20
15.	Kelly Moura		SC "La Chiers" Diff		1571		4:41.64	+0,78	612			
	50m:	31.49	31.49	150m:	1:41.45	35.06	250m:	2:52.91	35.79	350m:	4:05.86	36.46
	100m:	1:06.39	34.90	200m:	2:17.12	35.67	300m:	3:29.40	36.49	400m:	4:41.64	35.78
16.	Nora Naessens		GOLD Swimming Team		94naess		4:42.49	+0,75	606			
	50m:	31.77	31.77	150m:	1:42.70	35.90	250m:	2:54.92	36.14	350m:	4:07.07	36.23
	100m:	1:06.80	35.03	200m:	2:18.78	36.08	300m:	3:30.84	35.92	400m:	4:42.49	35.42
17.	Brenda Zwarthoed		DAW		9604938		4:43.16	+0,78	602			
	50m:	30.50	30.50	150m:	1:41.28	36.05	250m:	2:54.81	36.67	350m:	4:08.30	36.68
	100m:	1:05.23	34.73	200m:	2:18.14	36.86	300m:	3:31.62	36.81	400m:	4:43.16	34.86
18.	Miet Vaneyghen		GOLD Swimming Team		93vaney		4:44.22	+0,80	595			
	50m:	32.22	32.22	150m:	1:44.36	36.42	250m:	2:57.15	36.27	350m:	4:09.61	36.15
	100m:	1:07.94	35.72	200m:	2:20.88	36.52	300m:	3:33.46	36.31	400m:	4:44.22	34.61
19.	Viola Maioli		Pol. Com. Riccione		95maiol		4:44.53	+0,84	593			
	50m:	32.58	32.58	150m:	1:43.85	36.02	250m:	2:56.80	36.78	350m:	4:09.38	36.27
	100m:	1:07.83	35.25	200m:	2:20.02	36.17	300m:	3:33.11	36.31	400m:	4:44.53	35.15
20.	Carina Klees		WVZ		9602680		4:48.03	+0,84	572			
	50m:	31.74	31.74	150m:	1:43.89	37.31	250m:	2:58.41	37.44	350m:	4:12.66	37.27
	100m:	1:06.58	34.84	200m:	2:20.97	37.08	300m:	3:35.39	36.98	400m:	4:48.03	35.37

mistakes?

mail to: inschrijven@amsterdamswimcup.nl

Event 2, Women, 400m Freestyle, Prelim, Senioren Open

rank	name		club name		time				RT	fin.	pts	
21.	Sara Pagliarani		San Marino		95pagli				4:48.21	+0,89	571	
	50m:	32.41	32.41	150m:	1:44.89	36.53	250m:	2:58.38	36.51	350m:	4:12.40	36.67
	100m:	1:08.36	35.95	200m:	2:21.87	36.98	300m:	3:35.73	37.35	400m:	4:48.21	35.81
22.	Tamara Grove		Oceanus		9601266				4:49.40	+0,95	564	
	50m:	32.02	32.02	150m:	1:44.68	36.86	250m:	2:59.48	37.61	350m:	4:13.89	36.99
	100m:	1:07.82	35.80	200m:	2:21.87	37.19	300m:	3:36.90	37.42	400m:	4:49.40	35.51
23.	Claudia Rijkhoff		Zwemvereniging Hoorn		9603338				4:51.24	+0,76	553	
	50m:	31.81	31.81	150m:	1:43.67	36.79	250m:	2:59.05	38.12	350m:	4:14.84	37.42
	100m:	1:06.88	35.07	200m:	2:20.93	37.26	300m:	3:37.42	38.37	400m:	4:51.24	36.40
24.	Evelien van Ruiten		Orca		9602924				4:52.68	+0,91	545	
	50m:	32.43	32.43	150m:	1:45.05	36.80	250m:	2:59.78	37.84	350m:	4:16.34	38.72
	100m:	1:08.25	35.82	200m:	2:21.94	36.89	300m:	3:37.62	37.84	400m:	4:52.68	36.34
25.	Mirl de Boer		DAW		9700468				4:53.86	+0,84	539	
	50m:	31.39	31.39	150m:	1:43.55	36.83	250m:	2:59.39	38.37	350m:	4:17.05	39.36
	100m:	1:06.72	35.33	200m:	2:21.02	37.47	300m:	3:37.69	38.30	400m:	4:53.86	36.81
26.	Lotte Lust		GOLD Swimming Team		96lust				4:53.89	+0,86	538	
	50m:	32.17	32.17	150m:	1:44.97	36.77	250m:	2:58.97	37.15	350m:	4:16.07	38.98
	100m:	1:08.20	36.03	200m:	2:21.82	36.85	300m:	3:37.09	38.12	400m:	4:53.89	37.82
27.	Astrid van Nieuwkerk		ZV Westland Dijkglas		9402904				4:54.54	+0,85	535	
	50m:	32.68	32.68	150m:	1:47.54	37.88	250m:	3:03.24	37.93	350m:	4:18.56	37.55
	100m:	1:09.66	36.98	200m:	2:25.31	37.77	300m:	3:41.01	37.77	400m:	4:54.54	35.98
28.	Seline Koek		LZ 1886		9400622				4:57.26	+0,95	520	
	50m:	32.31	32.31	150m:	1:45.48	37.19	250m:	3:01.00	37.82	350m:	4:18.74	39.08
	100m:	1:08.29	35.98	200m:	2:23.18	37.70	300m:	3:39.66	38.66	400m:	4:57.26	38.52
29.	Danielle Grootes		De Columbiaan		9501278				4:57.78	+0,83	517	
	50m:	33.18	33.18	150m:	1:46.51	37.60	250m:	3:03.28	38.43	350m:	4:20.29	38.27
	100m:	1:08.91	35.73	200m:	2:24.85	38.34	300m:	3:42.02	38.74	400m:	4:57.78	37.49
30.	Maud Hoofs		Racing Club		9501206				5:02.46	+0,76	494	
	50m:	33.73	33.73	150m:	1:49.96	38.80	250m:	3:08.23	39.24	350m:	4:26.06	38.79
	100m:	1:11.16	37.43	200m:	2:28.99	39.03	300m:	3:47.27	39.04	400m:	5:02.46	36.40
31.	Mirjam de Koning - Peper		KNZB Paralymp.zwempl.		6900782				5:51.66		314	
	50m:	39.50	39.50	150m:	2:08.25	44.47	250m:	3:37.87	44.94	350m:	5:08.32	45.04
	100m:	1:23.78	44.28	200m:	2:52.93	44.68	300m:	4:23.28	45.41	400m:	5:51.66	43.34
WDR	Iris Pijtak		AZ&PC		9300602							