

Netherlands Invitational -Eindhoven 9-10 juli 2011  
Pieter van den Hoogenband Zwemstadion

Programmanr. 20  
10-7-2011 - 14:45

Dames, 400m vrije slag

Senioren Open  
Resultaten

Rang							In.tijd	Tijd	
<b>Junioren 1 en 2</b>									
1.	Melissa Baars		Aquarijn		4:59.01		9900376	<b>5:16.74</b>	
	50m:	34.63 34.63	150m:	1:54.28 40.52	250m:	3:16.85 41.50	350m:	4:38.57 39.84	
	100m:	1:13.76 39.13	200m:	2:35.35 41.07	300m:	3:58.73 41.88	400m:	5:16.74 38.17	
2.	Marleen Snapper		Dwk		5:36.79		9805214	<b>5:43.41</b>	
	50m:	36.97 36.97	150m:	2:03.06 43.62	250m:	3:31.54 44.72	350m:	5:01.03 44.60	
	100m:	1:19.44 42.47	200m:	2:46.82 43.76	300m:	4:16.43 44.89	400m:	5:43.41 42.38	
3.	Anna-Katharina Krause		SG Dortmund-Süd		6:13.15		258723	<b>6:07.16</b>	
	50m:	39.11 39.11	150m:	2:11.28 47.15	250m:	3:47.68 48.04	350m:	5:22.72 46.92	
	100m:	1:24.13 45.02	200m:	2:59.64 48.36	300m:	4:35.80 48.12	400m:	6:07.16 44.44	
4.	Linde Haverkate		ZPC De Hof		6:42.18		9900244	<b>6:16.03</b>	
	50m:	38.96 38.96	150m:	2:13.82 49.21	250m:	3:52.27 49.35	350m:	5:28.91 48.83	
	100m:	1:24.61 45.65	200m:	3:02.92 49.10	300m:	4:40.08 47.81	400m:	6:16.03 47.12	
<b>Junioren 3 en Jeugd 1</b>									
1.	Maren Kuipers		ZPC De Hof		5:04.58		9600062	<b>5:10.96</b>	
	50m:	35.57 35.57	150m:	1:54.15 39.27	250m:	3:15.10 40.57	350m:	4:34.21 39.16	
	100m:	1:14.88 39.31	200m:	2:34.53 40.38	300m:	3:55.05 39.95	400m:	5:10.96 36.75	
2.	Kristine Zwaan		ZV Hoorn		NT		9604426	<b>5:12.20</b>	
	50m:	33.67 33.67	150m:	1:55.23 41.42	250m:	3:16.57 40.42	350m:	4:36.20 39.65	
	100m:	1:13.81 40.14	200m:	2:36.15 40.92	300m:	3:56.55 39.98	400m:	5:12.20 36.00	
3.	Verena Borremans		Brabo		5:19.82			<b>5:28.28</b>	
	50m:	36.13 36.13	150m:	1:58.58 41.75	250m:	3:25.24 43.43	350m:	4:48.18 40.37	
	100m:	1:16.83 40.70	200m:	2:41.81 43.23	300m:	4:07.81 42.57	400m:	5:28.28 40.10	
4.	Jessie Hoskam		ZV Kerkdriel		5:53.82		9700030	<b>5:48.46</b>	
	50m:	38.01 38.01	150m:	2:06.22 44.85	250m:	3:36.44 45.62	350m:	5:06.40 45.00	
	100m:	1:21.37 43.36	200m:	2:50.82 44.60	300m:	4:21.40 44.96	400m:	5:48.46 42.06	
5.	Lara Turck		SG Dortmund-Süd		5:40.37		188874	<b>5:49.54</b>	
	50m:	37.83 37.83	150m:	2:06.68 43.98	250m:	3:36.67 44.49	350m:	5:06.10 44.06	
	100m:	1:22.70 44.87	200m:	2:52.18 45.50	300m:	4:22.04 45.37	400m:	5:49.54 43.44	
<b>Senioren Open</b>									
1.	Stephanie Rombout		Luctor et Emergo		4:47.56		8803696	<b>4:48.63</b>	
	50m:	31.72 31.72	150m:	1:44.29 36.87	250m:	2:59.08 37.31	350m:	4:14.69 37.75	
	100m:	1:07.42 35.70	200m:	2:21.77 37.48	300m:	3:36.94 37.86	400m:	4:48.63 33.94	
2.	Lotte Trappeniers		Brabo		4:57.29			<b>4:48.96</b>	
	50m:	33.34 33.34	150m:	1:48.44 37.91	250m:	3:03.33 37.32	350m:	4:16.42 35.97	
	100m:	1:10.53 37.19	200m:	2:26.01 37.57	300m:	3:40.45 37.12	400m:	4:48.96 32.54	
3.	Sietske Veldkamp		ZPC De Hof		4:41.28		9501628	<b>4:57.62</b>	
	50m:	32.06 32.06	150m:	1:45.83 37.68	250m:	3:02.33 38.42	350m:	4:19.70 38.74	
	100m:	1:08.15 36.09	200m:	2:23.91 38.08	300m:	3:40.96 38.63	400m:	4:57.62 37.92	
4.	Laura de Groot		ZV Wijchen		5:00.03		8501062	<b>5:15.06</b>	
	50m:	36.23 36.23	150m:	1:56.91 40.12	250m:	3:17.26 40.03	350m:	4:36.66 38.93	
	100m:	1:16.79 40.56	200m:	2:37.23 40.32	300m:	3:57.73 40.47	400m:	5:15.06 38.40	
5.	Melissa van der Geld		WZV Waalwijk		5:18.76		9506250	<b>5:19.58</b>	
	50m:	35.78 35.78	150m:	1:58.42 41.92	250m:	3:20.14 40.03	350m:	4:40.89 39.56	
	100m:	1:16.50 40.72	200m:	2:40.11 41.69	300m:	4:01.33 41.19	400m:	5:19.58 38.69	
6.	Ulrike Aschendorf		SG Dortmund-Süd		5:20.00		116210	<b>5:24.16</b>	
	50m:	35.49 35.49	150m:	1:55.48 40.93	250m:	3:18.76 41.95	350m:	4:43.15 41.96	
	100m:	1:14.55 39.06	200m:	2:36.81 41.33	300m:	4:01.19 42.43	400m:	5:24.16 41.01	

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Rang					In.tijd	Tijd				
7.	Meike Nauta	Z&PV Nuenen				5:29.84	9405180	<b>5:29.82</b>		
	50m: 36.94	36.94	150m: 2:00.46	42.01	250m: 3:26.51	43.25	350m: 4:50.10	41.44		
	100m: 1:18.45	41.51	200m: 2:43.26	42.80	300m: 4:08.66	42.15	400m: 5:29.82	39.72		
8.	Simone Druif	ZV Hoorn				5:09.69	9505830	<b>5:31.52</b>		
	50m: 35.87	35.87	150m: 1:58.19	41.36	250m: 3:23.11	42.66	350m: 4:49.01	42.89		
	100m: 1:16.83	40.96	200m: 2:40.45	42.26	300m: 4:06.12	43.01	400m: 5:31.52	42.51		
9.	Danielle Thijssen	ZV Wijchen				5:35.06	9306094	<b>5:34.75</b>		
	50m: 38.30	38.30	150m: 2:02.57	42.26	250m: 3:27.78	42.37	350m: 4:53.22	42.75		
	100m: 1:20.31	42.01	200m: 2:45.41	42.84	300m: 4:10.47	42.69	400m: 5:34.75	41.53		
10.	Tamarah van der Pasch	Zegenwerp				5:34.40	9403308	<b>5:44.01</b>		
	50m: 37.82	37.82	150m: 2:07.07	45.49	250m: 3:37.73	44.91	350m: 5:03.20	41.59		
	100m: 1:21.58	43.76	200m: 2:52.82	45.75	300m: 4:21.61	43.88	400m: 5:44.01	40.81		
11.	Marloes Steeg	ZV Wijchen				5:33.37	9107742	<b>5:46.83</b>		
	50m: 37.83	37.83	150m: 2:04.10	43.95	250m: 3:33.38	44.65	350m: 5:04.57	45.35		
	100m: 1:20.15	42.32	200m: 2:48.73	44.63	300m: 4:19.22	45.84	400m: 5:46.83	42.26		
12.	Anita Engels	Zegenwerp				5:35.89	9001016	<b>5:49.88</b>		
	50m: 38.26	38.26	150m: 2:07.63	45.15	250m: 3:38.47	45.53	350m: 5:09.20	45.11		
	100m: 1:22.48	44.22	200m: 2:52.94	45.31	300m: 4:24.09	45.62	400m: 5:49.88	40.68		
13.	Laura Scheffer	Aquarijn				6:00.66	9407222	<b>5:51.84</b>		
	50m: 38.20	38.20	150m: 2:04.64	43.87	250m: 3:35.41	45.79	350m: 5:08.41	46.98		
	100m: 1:20.77	42.57	200m: 2:49.62	44.98	300m: 4:21.43	46.02	400m: 5:51.84	43.43		
14.	Corine Somers	ZV Wijchen				6:50.23	9501900	<b>6:23.65</b>		
	50m: 42.24	42.24	150m: 2:19.97	49.26	250m: 3:58.09	48.06	350m: 5:37.82	48.93		
	100m: 1:30.71	48.47	200m: 3:10.03	50.06	300m: 4:48.89	50.80	400m: 6:23.65	45.83		
15.	Samantha van de Pluijm	De Roersoppers				6:06.84	9102490	<b>6:42.15</b>		
	50m: 40.22	40.22	150m: 2:17.23	50.03	250m: 4:01.42	52.04	350m: 5:49.20	53.46		
	100m: 1:27.20	46.98	200m: 3:09.38	52.15	300m: 4:55.74	54.32	400m: 6:42.15	52.95		
16.	Esther Skrabanja	Mosaqua				NT	6400558	<b>7:51.92</b>		
	50m: 45.16	45.16	150m: 2:35.53	58.31	250m: 4:42.37	1:03.99	350m: 6:51.23	1:02.38		
	100m: 1:37.22	52.06	200m: 3:38.38	1:02.85	300m: 5:48.85	1:06.48	400m: 7:51.92	1:00.69		
AFGEM	Kim Anne Bouw	Dwk				4:48.69	9000500			
AFGEM	Marion van den Berg	Dwk				4:23.45	8600272			