

Open Nederlandse Masters Kampioenschappen 2009
Eindhoven, 8. - 10.5.2009

Programmanr. 17
09.05.2009 - 15:17

Dames, 200m vrije slag

Masters Open
Resultaten

| rang naam | vereniging | inschrijftijd | tijd | RT | 50m | 100m | 150m | 200m |
|----------------------------|---------------|-----------------|----------------|-------|-------|---------|---------|---------|
| Masters 20+ | | | | | | | | |
| 1. Femke Hendriks | DZT '62 | 2:16.38 8801698 | 2:15.20 | +0,82 | 30.15 | 1:03.82 | 1:39.75 | 2:15.20 |
| 2. Linda Schellekens | BZV | 2:19.64 8803854 | 2:20.37 | +0,90 | 32.53 | 1:08.54 | 1:45.38 | 2:20.37 |
| 3. Larissa Brak | De Zijl/LGB | 2:17.73 8800572 | 2:22.98 | +0,86 | 33.01 | 1:09.89 | 1:46.73 | 2:22.98 |
| 4. Nathalie Groenevelt | DWK | 2:25.02 8604920 | 2:27.11 | +0,81 | 34.03 | 1:10.77 | 1:49.68 | 2:27.11 |
| 5. Sabrina Buur | DWK | 2:25.29 8500526 | 2:27.29 | +0,91 | 33.66 | 1:11.16 | 1:49.25 | 2:27.29 |
| 6. Marieke van der Vegt | De Golfbreker | 2:30.66 8504026 | 2:27.73 | +0,93 | 32.81 | 1:09.89 | 1:49.12 | 2:27.73 |
| 7. Bianca van Ringelestijn | PSV | 2:31.85 8502466 | 2:27.97 | +0,98 | 32.79 | 1:10.50 | 1:50.20 | 2:27.97 |
| 8. Karin Simons | WZK Zwemmen | 2:24.20 8903804 | 2:27.99 | +0,87 | 32.56 | 1:10.05 | 1:49.74 | 2:27.99 |
| 9. Annelette de Vries | De Veene | 2:24.60 8603908 | 2:29.66 | +0,91 | 33.39 | 1:11.44 | 1:50.71 | 2:29.66 |
| 10. Emmy Soer | WS Twente | 2:22.24 8503618 | 2:35.06 | +1,01 | 34.12 | 1:12.66 | 1:53.37 | 2:35.06 |
| 11. Sandra Schellekens | Neptunus'58 | 2:32.75 8503416 | 2:35.59 | +0,90 | 35.60 | 1:15.45 | 1:56.07 | 2:35.59 |
| 12. Annemarie Jakobs | EZ&PC | 2:30.20 8601744 | 2:36.80 | +0,88 | 35.24 | 1:15.57 | 1:57.20 | 2:36.80 |
| 13. Nikki Roon | Triton | 2:29.07 8803712 | 2:38.19 | +0,93 | 34.88 | 1:14.30 | 1:56.49 | 2:38.19 |
| 14. Henrike de Vries | De Veene | 2:31.95 8904490 | 2:38.93 | +1,02 | 37.10 | 1:17.56 | 1:59.09 | 2:38.93 |
| 15. Miriam Visserman | Octopus | 2:39.89 8704364 | 2:43.51 | +0,78 | 36.45 | 1:18.01 | 2:01.95 | 2:43.51 |
| 16. Liesbeth van Mill | DWK | 2:46.35 8702786 | 2:46.46 | +0,85 | 37.90 | 1:20.16 | 2:03.69 | 2:46.46 |
| 17. Daphne v Korlaar | EZ&PC | 2:34.32 8902418 | 2:47.83 | +0,79 | 37.19 | 1:19.38 | 2:03.69 | 2:47.83 |
| 18. Kitty van Gendt | PSV | 2:49.80 8701288 | 2:48.16 | +0,97 | 38.33 | 1:21.06 | 2:05.88 | 2:48.16 |
| 19. Sanne Buurman | De Geul | 2:45.16 8503888 | 2:50.13 | +0,83 | 37.68 | 1:20.26 | 2:05.40 | 2:50.13 |
| 20. Eveline van Avezaath | TRB-RES | 2:53.60 8700108 | 2:53.81 | +0,96 | 37.56 | 1:22.15 | 2:09.78 | 2:53.81 |
| 21. Jolanda Slooter | SCOM | 2:54.70 8502678 | 2:58.03 | +0,90 | 37.21 | 1:20.24 | 2:08.92 | 2:58.03 |
| 22. Monique van Gortel | Octopus | 2:48.73 8601274 | 2:58.81 | +0,73 | 39.77 | 1:25.11 | 2:13.01 | 2:58.81 |
| 23. Annet Verbocht | DWK | 2:54.02 8603732 | 3:00.05 | +0,88 | 41.53 | 1:26.73 | 2:13.25 | 3:00.05 |

Masters 25+

| | | | | | | | | |
|--------------------------|---------------------|-----------------|----------------|-------|-------|---------|---------|---------|
| 1. Nadya Putter | Vlaardingen | 2:21.80 8301630 | 2:19.24 | +0,85 | 31.96 | 1:06.74 | 1:42.82 | 2:19.24 |
| 2. Roos van Esch | TRB-RES | 2:15.75 8200468 | 2:21.76 | +0,93 | 32.80 | 1:08.95 | 1:45.62 | 2:21.76 |
| 3. Anke Lambooi | AZL | 2:16.07 8001182 | 2:22.18 | +0,87 | 32.56 | 1:08.48 | 1:45.78 | 2:22.18 |
| 4. Bianca Cox | PSV | 2:18.06 8000214 | 2:23.81 | +0,88 | 32.99 | 1:09.79 | 1:46.74 | 2:23.81 |
| 5. Linda Hoogendam | D'Elft | 2:30.68 8300892 | 2:26.66 | +0,81 | 33.16 | 1:10.99 | 1:49.89 | 2:26.66 |
| 6. Moniek Munneke | EZ&PC | 2:23.70 8401730 | 2:28.47 | +0,87 | 34.31 | 1:12.43 | 1:51.04 | 2:28.47 |
| 7. Tanja Sterenborg | WWV | 2:23.81 8301916 | 2:28.77 | +0,96 | 33.65 | 1:10.51 | 1:49.24 | 2:28.77 |
| 8. Esther Versteeg | Van Vliet Barracuda | 2:33.83 8302112 | 2:32.03 | +0,90 | 35.80 | 1:14.41 | 1:54.01 | 2:32.03 |
| 9. Andrea van Leeuwen | De Zijl/LGB | 2:28.16 8100904 | 2:34.48 | +0,90 | 34.37 | 1:12.64 | 1:53.27 | 2:34.48 |
| 10. Annette Vogelsang | ZV De Bron | 2:53.26 8402632 | 2:48.90 | +0,92 | 36.95 | 1:19.13 | 2:03.36 | 2:48.90 |
| 11. Nienke Nieuwenhuis | Swol 1894 | 2:55.50 8101850 | 2:51.77 | +0,88 | 37.64 | 1:20.98 | 2:07.46 | 2:51.77 |
| 12. Angelique Rotteveel | De Hokseberg | 3:05.54 8402090 | 2:59.69 | +0,97 | 39.04 | 1:24.99 | 2:13.13 | 2:59.69 |
| 13. Aniela Cebotaru | Nat Utrecht | 3:06.72 8102112 | 3:06.55 | +1,02 | 40.76 | 1:28.14 | 2:18.33 | 3:06.55 |
| 14. Rianne van Vegchelen | Deltasteur | 3:09.58 8101530 | 3:12.29 | +1,02 | 41.28 | 1:29.88 | 2:20.73 | 3:12.29 |

Masters 30+

| | | | | | | | | |
|-----------------------|------------------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 1. Miriam Mueller | Hamburger Schwimm-Club | 2:14.85 78mueller | 2:17.33 | +0,85 | 31.94 | 1:07.21 | 1:42.56 | 2:17.33 |
| 2. Eveline Hacquebord | IJZPC | 2:34.04 7901206 | 2:32.90 | +0,91 | 35.18 | 1:13.54 | 1:53.23 | 2:32.90 |
| 3. Inez Heideman | WS Twente | 3:10.22 7500198 | 2:35.55 | +0,86 | 34.13 | 1:13.40 | 1:54.65 | 2:35.55 |
| 4. Liselotte Joling | PSV | 2:47.34 7500268 | 2:45.59 | +1,07 | 39.29 | 1:22.58 | 2:04.54 | 2:45.59 |
| 5. Margriet Leeffers | Deltasteur | 2:55.20 7800448 | 2:55.28 | +0,96 | 38.00 | 1:21.55 | 2:08.94 | 2:55.28 |
| 6. Martine Sonneveld | De Pinquin | 2:55.91 7801038 | 2:57.55 | +0,92 | 36.74 | 1:20.67 | 2:09.38 | 2:57.55 |
| AFGEM Katja Trosien | Swim-Team Elmshorn | 2:07.72 120625 | | | | | | |

Masters 35+

| | | | | | | | | |
|-----------------------|-------------------------|----------------------|----------------|-------|-------|---------|---------|---------|
| 1. Grith Sigsgaard | Het Y | 2:17.46 7200772 | 2:21.11 | +0,91 | 32.42 | 1:08.82 | 1:45.20 | 2:21.11 |
| 2. Sandrine Erguy | Florange Olympique Club | 2:23.87 1053631 | 2:24.01 | +0,94 | 34.47 | 1:12.06 | 1:48.84 | 2:24.01 |
| 3. Karin Stein | Vlaardingen | 2:31.87 7100554 | 2:25.17 | +1,00 | 33.99 | 1:10.80 | 1:48.39 | 2:25.17 |
| 4. Lidia v. Bon | AZ&PC | 2:29.49 7000054 | 2:27.00 | +0,90 | 33.46 | 1:10.68 | 1:48.93 | 2:27.00 |
| 5. Annette de Visser | Oceanus | 2:27.29 7100602 | 2:29.45 | +0,87 | 33.95 | 1:11.49 | 1:50.55 | 2:29.45 |
| 6. Tony de Groot | De Futen | 2:39.20 7300758 | 2:42.36 | +0,92 | 34.36 | 1:14.43 | 1:58.35 | 2:42.36 |
| 7. Anja Reinhard | PLONS | 2:51.27 7000818 | 2:48.09 | +0,94 | 39.47 | 1:22.32 | 2:05.97 | 2:48.09 |
| 8. Natacha Van Hoof | ShaRK | 2:50.96 ShaRK/260/73 | 2:49.44 | +1,14 | 38.82 | 1:21.85 | 2:06.98 | 2:49.44 |
| 9. Zita Pozsonyi | Sprint Fortuna SC | 2:38.04 73pozsonyi | 2:50.28 | +0,95 | 37.80 | 1:20.97 | 2:05.69 | 2:50.28 |
| 10. Henriëtte Manting | GZVW | 2:42.37 7100246 | 2:52.84 | +0,98 | 38.05 | 1:21.18 | 2:06.75 | 2:52.84 |
| 11. Ingrid Versteegen | DBD | 3:11.50 7300770 | 3:08.56 | +0,92 | 42.80 | 1:31.09 | 2:20.41 | 3:08.56 |

Open Nederlandse Masters Kampioenschappen 2009
Eindhoven, 8. - 10.5.2009

Programmanr. 17, Dames, 200m vrije slag, Masters 35+

| rang naam | vereniging | inschrijftijd | tijd | RT | 50m | 100m | 150m | 200m |
|---------------------|------------|-----------------|----------------|-------|-------|---------|---------|---------|
| 12. Sylvia Tetteroo | IJZPC | 3:29.23 7300476 | 3:42.68 | +0,92 | 46.21 | 1:41.96 | 2:43.46 | 3:42.68 |

Masters 40+

| | | | | | | | | |
|----------------------------|--------------|----------------------|----------------|-------|-------|---------|---------|---------|
| 1. Saskia Phaff | PSV | 2:18.55 6600242 | 2:21.43 | +0,77 | 32.46 | 1:09.25 | 1:46.46 | 2:21.43 |
| 2. Anita Smits | DIO | 2:23.10 6900522 | 2:22.72 | +0,83 | 32.80 | 1:08.78 | 1:46.10 | 2:22.72 |
| 3. Jantine Braakman | ZV De Bron | 2:33.56 6500036 | 2:38.99 | +0,83 | 35.35 | 1:16.17 | 1:57.62 | 2:38.99 |
| 4. Nicole Vrijhoeven | PSV | 2:45.31 6900834 | 2:40.72 | +0,89 | 35.94 | 1:16.52 | 1:58.71 | 2:40.72 |
| 5. Ilse Vos | De Hokseberg | 3:05.66 6800644 | 2:54.13 | +1,11 | 40.62 | 1:25.26 | 2:11.09 | 2:54.13 |
| 6. Karin Rommers | PSV | 2:55.21 6700610 | 2:55.48 | +0,98 | 39.67 | 1:24.24 | 2:10.84 | 2:55.48 |
| 7. Kristien Van De Moortel | ShaRK | 2:50.00 ShaRK/315/69 | 2:57.98 | +0,84 | 39.47 | 1:24.86 | 2:12.30 | 2:57.98 |
| 8. Hetty Smalheer | SCOM | 3:04.82 6700352 | 3:00.27 | +1,08 | 41.94 | 1:28.33 | 2:15.04 | 3:00.27 |
| 9. Emmy Radelaar | De Fuut | 2:56.96 6600572 | 3:00.53 | +1,07 | 39.66 | 1:24.98 | 2:12.86 | 3:00.53 |
| 10. Conny v. Velden | AZ&PC | 3:28.53 6500446 | 3:14.45 | +1,04 | 42.48 | 1:31.74 | 2:23.40 | 3:14.45 |

Masters 45+

| | | | | | | | | |
|----------------------|--------------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. Jeannette Ruesink | WS Twente | 2:39.03 6300212 | 2:38.39 | +0,88 | 38.00 | 1:18.15 | 1:58.74 | 2:38.39 |
| 2. Marlien Wijnhof | Nat Utrecht | 2:43.73 6100300 | 2:42.49 | +0,91 | 36.76 | 1:17.63 | 1:59.85 | 2:42.49 |
| 3. Marleen Segers | AZV | 2:46.42 AZV/056/61 | 2:49.62 | +0,91 | 37.62 | 1:21.19 | 2:05.79 | 2:49.62 |
| 4. Marijke Kraak | WS Twente | 2:54.84 6000240 | 2:51.24 | +0,95 | 39.55 | 1:23.35 | 2:07.58 | 2:51.24 |
| 5. Inge Wolfs | PLONS | 3:02.77 6000304 | 3:07.76 | +0,91 | 41.93 | 1:28.51 | 2:16.46 | 3:07.76 |
| 6. Pia vd Molen | HZ&PC Heerenveen | 3:05.85 6000116 | 3:09.20 | +0,96 | 40.57 | 1:27.95 | 2:18.19 | 3:09.20 |
| 7. Uschi Koster | WWV | 3:05.69 6400372 | 3:10.63 | +1,03 | 44.97 | 1:34.49 | 2:24.74 | 3:10.63 |
| 8. Ellen Parma | Triton | 3:06.28 6200366 | 3:18.86 | +0,96 | 43.41 | 1:34.22 | 2:27.65 | 3:18.86 |
| AFGEM Susanna Rosén | Ystads Simsällskap | 2:14.03 AA5563 | | | | | | |

Masters 50+

| | | | | | | | | |
|-------------------------|---------------|-----------------|----------------|-------|-------|---------|---------|---------|
| 1. Atie Pijtak-Radersma | AZ&PC | 2:28.31 5600048 | 2:30.90 | +0,79 | 35.54 | 1:14.14 | 1:52.75 | 2:30.90 |
| 2. Patty Verhagen | AquAmigos | 2:31.70 5900146 | 2:34.55 | +0,96 | 36.45 | 1:14.97 | 1:55.04 | 2:34.55 |
| 3. Marijke van Hoek | De Stormvogel | 3:02.97 5800050 | 2:55.88 | +0,88 | 39.76 | 1:24.83 | 2:12.29 | 2:55.88 |
| 4. Mies Kuipers | Old Dutch | 4:30.44 5800202 | 4:20.76 | +0,98 | 57.79 | 2:07.00 | 3:19.05 | 4:20.76 |

Masters 55+

| | | | | | | | | |
|------------------------------|-------------|-----------------|----------------|-------|-------|---------|---------|---------|
| 1. Conny Boer-Buys | Vlaardingen | 2:41.18 5000006 | 2:34.07 | +0,83 | 35.19 | 1:14.57 | 1:55.34 | 2:34.07 |
| <i>Kampioenschaps Record</i> | | | | | | | | |
| 2. Christien Nieuwenhuis | Swol 1894 | 2:47.41 5100022 | 2:44.15 | +0,85 | 35.74 | 1:16.97 | 2:00.37 | 2:44.15 |

Masters 60+

| | | | | | | | | |
|-----------------------|----------------|-----------------|----------------|-------|-------|---------|---------|---------|
| 1. Marja van der Meer | Neptunus | 3:15.54 4700014 | 3:14.00 | +0,99 | 42.43 | 1:31.25 | 2:22.95 | 3:14.00 |
| 2. Annie Smits | PSV | 3:16.37 4600016 | 3:22.58 | +1,07 | 47.49 | 1:39.63 | 2:31.73 | 3:22.58 |
| 3. Barbro Grufman | Hellas Masters | 3:31.06 AA0248 | 3:24.43 | +1,28 | 47.37 | 1:39.15 | 2:33.29 | 3:24.43 |

Masters 65+

| | | | | | | | | |
|-------------------------|-----------------------------|-------------------|----------------|-------|---------|---------|---------|---------|
| 1. Matty van der Veen | Old Dutch | 3:25.51 4400020 | 3:24.67 | +1,11 | 46.06 | 1:37.59 | 2:31.01 | 3:24.67 |
| 2. Greet Brehler-middag | Hatto Heim | 3:54.83 4400004 | 3:46.55 | +1,18 | 50.00 | 1:47.93 | 2:48.01 | 3:46.55 |
| 3. Pálma Csepeli | Békéscsaba Senior Swimmclub | 4:02.32 44csepeli | 4:39.50 | +0,97 | 1:04.97 | 2:15.03 | 3:30.99 | 4:39.50 |
| 4. Liesbeth ter Laak | Katwijk | 5:22.91 4200008 | 5:20.98 | +1,26 | 1:10.80 | 2:33.88 | 3:57.72 | 5:20.98 |

Masters 70+

| | | | | | | | | |
|----------------------|------------|-----------------|----------------|-------|-------|---------|---------|---------|
| 1. Lottie Geurts | PSV | 3:14.07 3500008 | 3:24.69 | +1,16 | 45.86 | 1:39.75 | 2:33.47 | 3:24.69 |
| 2. Jeltje van Bergen | De Pinquin | 3:39.08 3500002 | 3:44.22 | +1,07 | 48.83 | 1:45.67 | 2:44.86 | 3:44.22 |

Masters 75+

| | | | | | | | | |
|-----------------|-----------|-----------------|----------------|--|---------|---------|---------|---------|
| 1. Annie de Vos | Old Dutch | 4:17.33 3400004 | 4:33.68 | | 1:02.90 | 2:13.33 | 3:23.87 | 4:33.68 |
|-----------------|-----------|-----------------|----------------|--|---------|---------|---------|---------|

Masters 80+

| | | | | | | | | |
|----------------------|-------|----------------------|----------------|-------|-------|---------|---------|---------|
| 1. Virginia Keteleer | ShaRK | 4:07.68 ShaRK/155/25 | 4:13.98 | +1,25 | 57.55 | 2:01.69 | 3:08.84 | 4:13.98 |
|----------------------|-------|----------------------|----------------|-------|-------|---------|---------|---------|